

Spiritual Warfare Inventory

Which attacks do you frequently experience?

- | | | | |
|---|-------------------------------------|---|---|
| <input type="checkbox"/> Discouragement | <input type="checkbox"/> Pride | <input type="checkbox"/> Temptations of the Flesh | <input type="checkbox"/> Criticism |
| <input type="checkbox"/> Confusion | <input type="checkbox"/> Distortion | <input type="checkbox"/> Unholy Conversations | <input type="checkbox"/> Distractions |
| <input type="checkbox"/> Fear | <input type="checkbox"/> Isolation | <input type="checkbox"/> Apostolate Challenges | <input type="checkbox"/> Addiction of Others |
| <input type="checkbox"/> Spiritual Gluttony | <input type="checkbox"/> Suffering | <input type="checkbox"/> Vocational Attacks | <input type="checkbox"/> Attacks on Group Members |

What beliefs do you have that allow these specific attacks to succeed?

Rank the image distortions in order (1=least distorted, 3=most distorted) (Consider the pattern or combination of attacks. They will indicate the primary image distortions.)

_____ Self-Image (I am a beloved child of God)

_____ Image of God (God is a perfect, loving, merciful Father)

_____ Image of Others (Others deserve to be treated with dignity as God's creation)

Recall specific attacks. What might the devil's objective be with the attack? What is (was) he trying to stop? (He would like to steal our souls, but often that's not possible so he tries to prevent us from doing God's will, in a particular way, in God's time.)

What conclusions can you draw about your weaknesses? What is your weak flank that is being exploited by Satan?

How battle-ready are your weapons?

Scripture/ Word of God	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Prayer	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Sacraments/Sacramentals	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Mortification/Self-denial	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Virtue	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Repentance/Eliminate Sin	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Forgiveness	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Community	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Healing Work	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Spiritual Direction	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Communion of Saints	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong
Perfect Love (give/receive)	<input type="checkbox"/> Weak	<input type="checkbox"/> Fair	<input type="checkbox"/> Strong

What steps will you take to build up your spiritual armory?